

## THE HEART AND SCIENCE OF HAPPINESS

Welcome to Baldwin House Senior Living, where we work to scientifically cultivate that unexplained feeling of happiness that comes over a person when a friend walks through the door or the first few notes of a favorite song play. That's right. We're not just interested in happiness; we actively study the science of it and create an environment where it can grow.

Baldwin House offers Life Enrichment Programs that not only strive to fill a calendar, but create a happy, healthy environment for residents. Our Life Enrichment Directors create social, cultural and educational programming based on the science of happiness. Take a look inside to find out more.

## BALDWIN HOUSE™ SENIOR LIVING

To see what Baldwin House has to offer you or your loved one, give us a call. Let's visit.

**BIRMINGHAM**  
200 Chester Street  
Birmingham, MI 48009  
(248) 540-4555

**GRAND RAPIDS**  
2619 Kalamazoo Ave. SE  
Grand Rapids, MI 49507  
(616) 248-3499

**HAZEL PARK**  
777 E. Woodward Heights  
Hazel Park, MI 48030  
(248) 545-0707

**LAKESIDE**  
15731 19 Mile Rd.  
Clinton Township, MI 48038  
(586) 263-0081

**LLOYD'S BAYOU**  
17046 Lloyd's Bayou Dr.  
Spring Lake, MI 43456  
(616) 844-9001

**OAKLAND**  
1915 Baldwin Ave.  
Pontiac, MI 48340  
(248) 335-7020

[BaldwinHouseSeniors.com](http://BaldwinHouseSeniors.com)



## LIFE ENRICHMENT PROGRAMS



## BALDWIN HOUSE™ SENIOR LIVING

Family | Friends | Happiness

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## FAMILY

Family is at the heart of everything we do. We treat our residents and employees like family, and we extend that respect and love to their families as well. We encourage families to spend time together through:

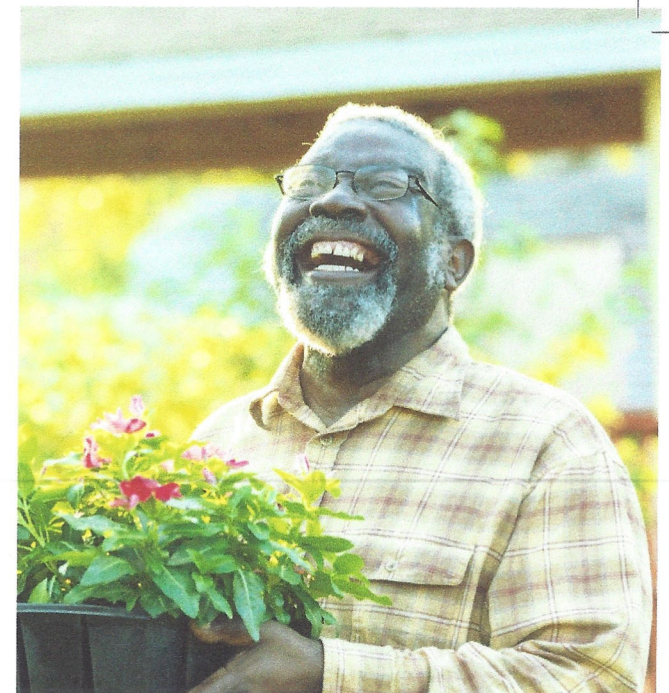
- Family dinners (eat in or carry out) 
- Virtual events
- Patriotic celebrations and ceremonies to honor our veterans
- Sports in-house watch parties
- Bingo
- Open houses
- Holiday celebrations



## FRIENDS


A few good friends can make all the difference in how happy a person is. That's why we work to cultivate friendships between residents, staff and community members. At Baldwin House, seniors have opportunities to meet friends in common areas, and also to connect with the community through events like:

- Baldwin Society Supporting Older Adults events and outreach programs 
- Quarterly resident committee events
- Lifelong learning and library activities 
- Speed friending events 
- Story-telling
- Birthdays and other celebrations for residents



## HAPPINESS

Our research indicates that certain activities and elements create an environment ripe for happiness, so our programming follows suit. We know that nature, music and art are great paths to happiness, so we organize programming like:

- Joke of the day (laughter is the best medicine) 
- Gardening (we grow our herbs too)
- Art therapy
- Music programs
- Live entertainment
- Weekly happy hours
- Exercise programs
- Outdoor activities
- Movies